A GLADD Celebration!

• This is our last session!
• A couple more helpful resources
• Keep the skills you’ve learned and add some more!
• Practice, practice, practice!
• Take charge of your own health care!
www.fddc.org
www.floridahats.org
Florida Center for Inclusive Communities

http://flfcic.fmhi.usf.edu/program-areas/health.html
The Parking Lot

Suggestions
GLADD Review Mind Map
High Five

• What are 5 important things about your health care?

• What are 5 new techniques you learned to help you with your health care?
## Jeopardy

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<th>Listen</th>
<th>Ask</th>
<th>Decide</th>
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**Final Jeopardy**

217
The “G” in GLADD stands for __________?
$100 Answer from "Give"

Give information
$200 Question from "Give"

Communication has 4 parts:
1. Sender
2.Receiver
3. ________
4. Feedback
$200 Answer from "Give"

Message
$300 Question from "Give"

The meaning of the sender must _______ that of the receiver.
$300 Answer from "Give"

Match
$400 Question from "Give"

There are many forms of communicating.
___________ uses no words.
$400 Answer from "Give"

Non-Verbal
When we use pictures to communicate, we are using __________ communication.
$500 Answer from "Give"

Visual
$100 Question from "Listen"

The “L” in GLADD stand for ___________.

$100 Answer from "Listen"

Listen
$200 Question from "Listen"

Not paying attention to the speaker is an example of ____________ listening.
$200 Answer from "Listen"

Passive (bad) Listening
When you nod your head in agreement, you are using the __________ technique.
$300 Answer from "Listen"

SLANT
Using a voice _______ helps you remember what has been said.
$400 Answer from "Listen"

recorder
Besides hearing the speaker, _________ what he or she said is another important part of listening.
$500 Answer from "Listen"

Remembering
$100 Question from "Ask"

The “A” in GLADD stands for __________.
$100 Answer from "Ask"

Ask (questions)
$200 Question from "Ask"

Bringing a list of questions to your doctor visit helps ________ time.
$200 Answer from "Ask"

Save
$300 Question from "Ask"

To gain information, you may use your Handy High Five:

1. Who
2. _____________
3. When
4. Where
5. ___________ and how
$300 Answer from "Ask"

What

Why
Asking _______ helps you understand how to stay well or to get better.
$400 Answer from "Ask"

questions
$500 Question from "Ask"

___________ helps you to find out your main problem, what you need to do, and why it’s important.
$500 Answer from "Ask"

Ask Me 3
The “D” in GLADD stands for ____________.
$100 Answer from "Decide"

Decide (what to do next)
To let people know what you are thinking and feeling, there are 3 ways of communicating:

1. Passive
2. Aggressive, and
3. ________________.
$200 Answer from "Decide"

Assertive
When someone else doesn’t want the same thing you want, it’s helpful to _______________. 
$300 Answer from "Decide"

Negotiate
$400 Question from "Decide"

Negotiation means finding a ___________ that is mutually acceptable to everyone.
$400 Answer from "Decide"

Compromise (solution)
Choosing a health ________ and expressing it in your own words, is a step towards taking charge of your own health care.
$500 Answer from "Decide"

Goal
The Second “D” in GLADD stands for ____________.
$100 Answer from “Do”

Do (your part)
$200 Question from “Do”

My ___________ has important information to share when you visit the hospital.
$200 Answer from “Do”

Health Passport
Medical health diaries can be ____________.
$300 Answer from “Do”

A calendar, notebook, or blog
HIPPA is a form you get to sign at the doctor’s office giving him or her _______________ to share information with the people on your list.
$400 Answer from “Do”

Permission
$500 Question from “Do”

The ___________ to treat form gives your doctor permission to examine you, make a diagnosis, and give you medical care.
$500 Answer from “Do”

Consent
Final Jeopardy

__ __ __ __ __ is a tool to help you take charge of your health care.
Final Jeopardy Answer

GLADD
GLADD Appreciation Ball Toss
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